



Safety Reboot

Working at Height

Discussion Aid



This discussion aid has been developed to assist the person facilitating the Safety Reboot discussion on Working at Height. It provides pointers to get conversation going and is not a full explanation of all health and safety requirements related to this subject, and should not be relied on as such.

1. Are you aware of the contents of the risk assessment and method statement associated with your work at height?
Have you read these documents commonly known as RAMS?
2. Have you undergone training for working at height?
For example, training in the use of MEWPs (cherry picker, boom lift, man cage), IPAF training, scaffolding training (CISRS/CSR NVQ), communication of RAMS, Toolbox talks.
3. What measures are in place to prevent materials falling from scaffolding?
Toe boards/ brick guards.
4. Are inspections and maintenance carried out by a competent person(s) on the equipment you use to work at height?
MEWPS inspected by a lifting engineer every 6 months. A competent scaffolder inspects scaffolding prior to each use which is supported by weekly inspections after walking each deck of each structure which is in use.
5. Are you aware of the process to report defective equipment?
Report all defects to your line manager.
6. How do you maintain 3 points of contact when carrying tools up a ladder?
Over shoulder bags/ tool belts.
7. Can weather conditions negatively affect work at height?
Wind, snow and ice can all be hazards which could affect work at heights.
8. Do you ever feel unsafe when working at height?
This should be reported immediately to your line manager.
9. Would anyone outside the workplace be affected if someone was to fall from height on this site?
Family/partner, potential need for carers.
10. What could we change on site to improve work at height?
Is there an area where handrails are needed? Is all work at height equipment fit for purpose? Does anyone need refresher training such MEWP or Mobile Tower (PASMA)? Please advise